

High-Yield QT Prolongation Medications (PMHNP Boards)

<i>QT Risk</i>	<i>Medication</i>	<i>Family/Class</i>	<i>Board Pearl</i>
★ ★ ★ ★ ★	Thioridazine	Low-potency First-Generation Antipsychotic	Highest QT risk; classic board favorite.
★ ★ ★ ★ ★	Ziprasidone	Second-Generation Antipsychotic	Highest QT risk among SGAs.
★ ★ ★ ★	Haloperidol (especially IV)	High-potency First-Generation Antipsychotic	IV formulation markedly increases QT risk.
★ ★ ★ ★	Citalopram	SSRI	Dose-dependent QT prolongation.
★ ★ ★ ★	Methadone	Opioid	High doses increase torsades risk.
★ ★ ★	Chlorpromazine	Low-potency First-Generation Antipsychotic	Moderate QT risk plus sedation and orthostasis.